America's Tiniest Newspaper

# A ALPINESUN A

Best Climate, in US by Government Report

VOL. 15. No. 41 ALPINE, CALIF.

FRIDAY, OCT. 14, 1966

10¢

### **Brilliant CofC Dinner**

Alpine business and professional men and women and many residents numbering 143 sat down to dinner in the school auditorium Saturday night and enjoyed seeing the change of officers and directors.

Outgoing prexy Fred Rushing, Ross Mallette's first emcee duty of pre-

### PLAN HEALTH CENTER

Alpine's economy looks like it's on the rise.

And its many years of publicity on "Best climate in US by Government report", may also be paying off.
For last week a doctor and a federal

For last week a doctor and a federal agency man were here looking over sites for a proposed health center.

More on 14



PRINCIPALS in chamber's installation, from left; Emcee Mallette, Boney, Dr. Burak, Dr. Campbell, Paul Nichols, Jack Hoistad and Hazel Foster.

sentation, told of the good year just over and how the chamber had 85 live members, its best year so far.

"With our directors and loyal citizens" he said, the group accomplished many worthwhile things for Alpine: the 100th anniversary of the postoffice, naming of Alpine Blvd. when Hwy 80 is abandoned for the freeway, Christmas decoration awards,

More on 2

## **Phillips Place Sold**

Escrow closed Friday on the Arnold Phillips home—the old Brownlee place 1311 Arnold Way at Foss Road, reports Anna Jerney of Alpine Realty, who handled the sale.

Buyers are Mr. and Mrs. W. S. Collier, who moved in from Pt. Loma. They have four children, one with them here, Paula, 18. He is with Shaw Sales & Service of EC and LA, representing Allis-Chalmers heavy equipment machinery

ment machinery.

The fine 4-bedroom home of two stories has two fireplaces, also a 2-bedroom guest house with garage and servants' quarters, on 16 acres.

A famous nutritionist says we are what we eat. Nuts must be a more common diet than we ever imagined.

#### McGUFFIE'S SUNDRIES

MEDICAL PREPARATIONS - VITAMINS

#### FOUNTAIN LUNCH

GREETING CARDS - COSMETICS
Pay Light & Phone Bills Here
CURRENT MAGAZINES

2363 Hwy 80

445-2121

### EL CAJON THEATRE

444 - 3272

NOW THRU TUESDAY

Julie Andrews
Paul Newman
"Tom Curtain"

Rock Hudson Claudia Cardinella "Blindfold"

FAMILY NIGHT EVERY TUESDAY

# AERO DRIVE-IN

NOW THRU TUESDAY
Rosalind Russell, Haley Mills
"Trouble with Angels"
Lloyd Bridges
"Around the World under the Sea"

Swapmeet
9 to 5 Saturday & Sunday
50¢ to Walk in
\$1.50 to drive in and sell

#### C OF C DINNER STORY FROM 1

the new library sign, trophies for our float at the Mother Goose and the North Park Parades, getting enforcement of more traffic regulations, the horseshow and gymkhana." He specially thanked Paul Nichols and his committee for the former, Doris Scully for the latter.

Supervisor Henry Boney installed in short order, turned the mike back to Mallette who called on the new prexy, Dr. Robert Burak. He told of ambitious plans for 1966-67 including speakers on community topics at the quarterly general sessions, mentioning Pacific Telephoneman McKenzie on toll-free county dialing, also on fluoridation of drinking water.

He made a plea for more membersat least 100 immediately-- and the need for an artist to volunteer for designing this year's parade float.

Speaker of the evening was Leslie A. Barr, of Convair in SD, on "Space Elements" illustrated with slides, a fascinating talk. Lovers of astronomy were delighted. Barr told of the astounding reaches of space and how astronauts on long flights will grow their own vegetables for food!"

Boney also installed Mrs. Hazel Foster as secretary and Paul Nichols, incumbent, as treasurer, with new directors Jack Spatz, Jerry Funk, Dr. J.C. Campbell.

#### LETTERS TO EDITOR

Hello Clarke-- My ad in your paper has been showing some good results. Your friend, Don Bates, Alpine.

Thanks, Don, for those nice words and your check.

A teacher asked her class to tell the meaning of the word "budget." One little boy replied: "It's a family quarrel."

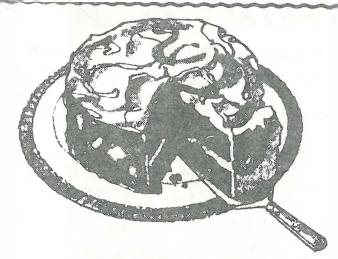
For Your Health Foods, Vitamins And Special Diets
Purchase With Safety And Confidence At The

# VALLEY HEALTH FOOD STORE

IN BUSINESS SINCE 1950

W.L. HOUGHTON, OWNER

The address is still 133 Prescott, El Cajon, H14-8447



# FREE HELP TO HOMEMAKERS

Now you can learn about the very latest developments in home economics absolutely free. Cooking demonstrations are held in our El Cajon auditorium at 10 a m. the 2nd and 4th Tuesday of every month. Programs on cooking, laundry, freezing and, dishwashing can be presented to your PTA, club or church group. Recipes, cooking hints, menu planning for large groups and help with home appliances are all available. Assistance is offered to home economics students, Girl Scouts and Campfire Girls in fulfilling homemaking requirements. You are cordially invited to use these free services.

Eastern District Office 104 North Johnson Ave. El Cajon • Telephone 444-2161



SAN DIEGO GAS & ELECTRIC COMPANY

# 3

# Cars Kill Enough Without 'Chicken' Game!

One of the most frightening ads we have ever seen is that in nearly a full page by Mobil, the gas and oil firm, in an honest endeavor to help lower the terrible death rate by cars, chiefly among youngsters.

The ad writer tells how kids play exciting and often fatal "chicken", in which "idiot game, winners and

ALPINE SUN America's Tiniest Newspaper 445-2415 or 445-2394

2255 Tavern Rd., Rt. 1, Box 189
Alpine, SD Co., Ca. 92001
Published weekly on Friday
10¢ per copy, by mail \$2, yearly.
Clarke frine, Editor & Pub.
AOPA 194347

Alice Irvine, Art & Composition Printed & Produced on the Ranch All paid. 2nd Class mail privileges Authorized at Alpine, Calif. Est. Jan. 1952, Adjudged for legal ads on 11-12-59 in superior court, No. 238120.

# Lutz's Garage

Official State-Approved

BRAKE STATION

In Alpine
Day & Night Towing
445-2967

1620 Hwy 80

Alpine

losers both die". Two cars speed straight for each other head on... with luck, one car steers clear in the nick of time... withOUT luck, neither steers clear. And the winner and the loser are equally dead... Some 'game'."

The writer says that car accidents kill more young people than anything else, including war, cancer, anything! Yet we allow it. He moans "Too bad we educate them only to make a living and not to stay alive. This is the price; 13,200 young people between 15 and 24 died in such accidents last year. Fewer than half the youth who get drivers' licenses have passed a driver training course. Which leaves well over 2 million (!) youngsters licensed yearly, WITHOUT passing such a course".

He then asks what we are doing about it, and if you have a training course at school and would it help?

"Yes, it would" he answers.
"Education works. Drivers in large truck fleets are trained to drive safely.
And some of them have dropped accident rates to only about half that of the general public".

We believe that Mobil should have credited the writer of their ad-editorial which winds up! "We at Mobil sell gasoline and oil for our living to the living. Naturally, we'd like young people to grow up into customers. But for now we'd be happy if they'd simply grow up". (You'd do well to show the full page ad to your young folk).

In the newspaper business we sell advertising, but we do not hesitate to mention firm names when they do something good. We do not have a Mobil ad, but we'd like to have one!

CI.

SUPERVISOR
Henry Boney,
left, congratulates
Dr. Robt. Burak,
new chamber
president after
he installed
him at banquet
Saturday night in
school auditorium.
Boney seated
entire roster
at one speech.



FIND MORE RABID SKUNKS

Two skunks have been found to be rabid from this area, bringing the county total to 40; 24 foxes, 7 bobcats, 3 skunks and 6 dogs, reports the county vet.

One skunk bit a dog and went after a man at 653 Silverbrook Dr., in the Canyon, the other was found near a chicken coop at 301 Arnold Way Both were killed and sent to the lab.

# Kip's Cafe

Delicious, Oriental, Exotic ORDERS TO GO. ALSO HOME DELIVERY Closed Monday — Free Parking 1058 E Main El Cajon 442-1211

# AT THE HALL CO....

.....our asphalt plastic cement will perform a real job of plastic surgery on a wrinkled, leaky old roof!

W.D. HALL Co.- El Cajon

230 E. Main St. -- Phone 442-0481

# Kae's Toyland Christmas Lay-Aways

GIFT WRAP - ASSEMBLE - STORE

OPEN TILL 2 A.M. CHRISTMAS MORNING

1070 E. Main, El Cajon (Next to Robt. Hall) 444-1128 "Bankamericard"



HERE ARE THE jolly hosts at Fitz and Alice's Alpine Cafe. Ervin Fitzgerald and his wife Alice. Temporary hours are 6 am to 8 pm, Sundays to 5 pm. "We are pleased with our reception here" they say "and hope to make the business prosper as the town grows". The hours may be extended if required, but for now they will open at 6 am.

Low neckline. Something you can approve of and look down on at the same time.

### LISTINGS WANTED

EXCHANGES HOMES RANCHES ACREAGE

# AL SMITH BROKER

445-2670 443-3675 469-0013

2251½ Hwy 80

Alpine

COMPUTER SNAGS STUDENT

Richard Irey, recently returned from 14 months Marine duty in Viet Nam, now attending Grossmont College where he is going for architecture has come up with a funny one.

For several weeks he has been attending a night class, having been notified by computer that he was in it. Then one day they had a roll call.

"Why isn't my name on there?" he asked.

Replied the counsellor, "The computer must have gone wrong; you're not in this class at all"! Richard finally got it all straightened out.

Troubled With Insomnia
POOR CIRCULATION
NERVOUS - TIRED - OVERWEIGHT

SCIENTIFIC SWEDISH MASSAGE Steam Baths

MASSAGE IN OUR OFFICE OR YOUR HOME

FRANCES MCTAGGART (Licensed Massage Therapist)

office of Dr. Bredesen, DC)

445-2321 Rt. 1, Box 390

445-2433

OLD FRIENDS OF the Fitzgeralds, from Spring Valley are Bill and Doris Rogers, who run the store at Cuyamaca Lake where they have been for six years. They have a son in the medical service at Navy Hospital in SD. They stopped by to congratulate Fitz and Alice on their opening.



Coroner: "Why do you want to change that death certificate, doctor?"

Doctor: "I signed my name in the space marked 'cause of Death."

BENFANTES WELCOME BOY

Mr. and Mrs. Tom Benfante, the Willows, welcomed their first child, a boy, Monday in Valley Hospital.
He weighed 7 lbs, was named Paul

He weighed 7 lbs, was named Paul and is home today with his proud parents.

Mrs. Richard Lane, Marshall Road, is home from the hospital and is up & about. She is still unable to do very much around the house but hopes to regain the lost strength.

THE EASIEST WAY to tell the difference between young plants and weeds is to pull up everything. If they come up again, they're weeds.

# Nutrition Center

Your Health Food Store
162 E. Main 442-7212

Mr. & Mrs. H.A. Gillies
COMPLETE LINE OF HEALTH FOODS.
SPECIAL DIET FOODS - VITAMINS.

MINERALS AND SUPPLEMENTS Open Daily Except Sunday

9 am to 5:30 pm

は We シメ GREEN STAMPS []

# PARIS MORTUARY

**Since 1943** 

A.M. PARIS E. VIERKANT

442-4411

374 N. MAGNOLIA

EL CAJON

Virginia Hill had an unlucky accident on her horse last week that put her back in the hospital. She was running and he tripped in a gopher hole androlled over on her. She skinned her face, got a black eye, had to have 5 stitches taken above it and had some ligaments pulled on her arm, so was really banged up, but luckily wasn't injured permanently. It is a good idea to run your horse on packed down or freshly plowed ground because it is almost impossible to see a gopher hole when you are riding at a fast gallop.

Joseph Berg came to Alpine Friday to see his son and to visit his friends.

#### STALLION OAKS GUEST RANCH

TAVERN CABINS SWIMMING

DANCE HALL

RIDING STABLES DESCANSO, 445-4179



# Rocket Gasoline

Alpine

Major Brand Oils

ACCESSORIES TIRES

PROPANE

Alpine Rocket Service

Walt Finch, Owner

2038 Hww 80 445-9577

He met Alice Villa as she was on her way home. He said Sultan, his colt out of Misty, was making a name for himself and they were mighty proud of him. He is going to send us a picture to run in the Sun and we are looking forward to seeing it.

George Archer was given a Jack donkey for his birthday but doesn't want to keep him and is only asking \$15. so here is a nice opportunity to buy a young donkey quite reasonable.

Pat Mitchell's husband Woodie got a 7 months old Appaloosa horse colt for her last week. He is white with green eyes and very likely will out. He is friendly and gentle so should make her a very nice riding horse.

JoAnn Villa was worried last week when her horse Mark had a limp that they couldn't understand. He didn't have a stone bruise so she thinks he twisted it somehow in the pasture.

Frank Scully is thrilled with his new quarger-horse stud named Tab. He is a permanent registered Camilot horse and is coming along fine with his training. Frank has been riding him all over and the  $2\frac{1}{2}$  year old had never been handled before.

Mrs. Doug Payne is looking for a nice jenny donkey to buy so the kids can go on camping trips and use it for a pack animal.

Susie parsons is continuing to train her  $2\frac{1}{2}$  year old filly Chipper. She has had a little help from the Vickers but otherwise has done all of the ground work herself and is doing quite well.

Doris Scully hopes the new Alpine horse ring will be completed this week and if it hadn't been for a few diligent workers it still would be in the planning stage. Roger Jerney, Scullys, Vickers and Reids turned out every time help was needed and spent their time so that Alpine youngsters would have a permanent place to work out their horses.

Subscribe to the Sun, Still \$2 year.

HERE'S THE NEW rhan at Security First National's Alpine Branch, who came recently from duty at Clairemont. He is a supervisor, is fast making friends in the increasingly busy local branch. Manager E. Ross Mallette reports that business here is increasing and that the projected rise is holding steady.



HANNON ENTERTAINING SISTER

Mr. and Mrs. James Hannon, 2251 Tavern Road, are entertaining his sister Mrs. Verna Anderson from Rockford. Ill. for a week. She came out on Santa Fe's El Capitan, said "was quite a trip and uneventful except for an accident near Albuquerque that required a 4-hour wait to clear wreckage off the tracks.

At the Barstow stop a young man was taken off with a heart attack and to top it all, someone threw a brick through the club car window while we waiting for the ambulance. Luckily no one washurt but was glad to arrive here safe and sound. " She spent one day in Santee visiting Hannon's daughter Mrs. Marie Murphy, her husband and 11 children, will leave this week-end for home.

### Piano Organ Voice

LENORE OAKLEIGH LUSK

P. O. Box 281

445-2927

Alpine

## **Alpine Grading** & Equipment Rental

BLACK TOPPING A C PAVING Fred Rushing

Alpine

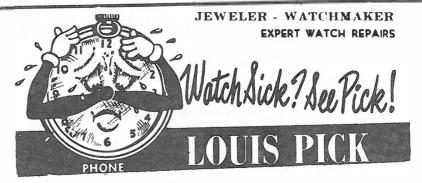
445-2214

# ALPINE LAUNDERETTE

Coin-Operated U-Wash NEXT TO ROCKET SERVICE STATION

2038 HWY 80, ALPINE 445-9577

23 Washers - 8 Dryers - Starch Sink - Hair Dryer 6 A. M. to 9:30 P. M.



2445 Hwy 80, Alpine (With Bates Realty)

445-2537

PRINCIPALS TO GO NORTH

School trustees Monday night okayed permission for Principals Leo Ryan of Alpine School and Mark Kerby of the Canyon School to attend the California Association of Supervisors & Curriculum Directors meeting in San Francisco Nov. 7-11.

SCHOOL TRUSTEES TO DINE

Area board members including some from Alpine are slated to meet Oct. 20 at the Valley Ho Restaurant at 6:30 for a meeting, reports Supt. Paul Clay, as it was given the green light at Monday's session.

#### CUSTOM DRAPERY

Latest Fabrics Shown In

Home

UPHOLSTERY

Travis Rods & Installation FREE ESTIMATES

Mrs. E. Rash

445-4010



Trash & Garbage Mixed

Twice Weekly Pickup
SERVING HARBISON CANYON

TO MT. LAGUNA

Call 445-3029 After 4:30 pm



PART OF the well-filled auditorium at chamber session Saturday night with Emcee Ross Mallette at mike.

PINE VALLEY IN THE NEWS

Clyde V. Smith, realty editor of the SD Union, who last spring gave Alpine such a nice front page story with photos, did a fine job recently on Pine Valley. It was three pages, with many pictures of the life up in that sequestered spot. Of course rural living and horses were featured.

Advertise in the Alpine Sun, it Pays.

BIG DAY FOR LIVELY OAKS

Monday's potluck lunch at the YC by Alpine Lively Oaks Club was a hummer with 50 present, reports Emma Holmes. The white elephant sale was also a success. Topping sales was a huge squash raised by the Hunters, who donated one before.

The John Anthonys joined the club, and Mrs. Hunter had as her guests Mrs. Jas. Holama and John Brock of the Log

Cabin Trailer Park.

Due to a misunderstanding, the Sun recently said that the club had raised cash for the Youth Center building fund. "It is for the Senior Citizens Building Fund", corrected Mrs. Holmes "and is in the bank that way." Sorry Folks!

#### Stull to Visit Here

GOP Assemblyman candidate John Stull, of the 80th District will be in Alpine for a meeting at the home of Mr. and Mrs. For rest Hohanshelt, Manzanita Hill, South Grade Road, on Thursday, Oct. 20<sub>4</sub> from 2 to 4 head-quarters here reports.

All members of the party are invited to meet the former navyman of Encinitas, whose campaign motto is "Let's Make California Golden Again!" He is strongly for reduction of taxes. He knows the area, having lived here

for 22 years.

# McKie Realty

2355 Hwy 80 445-221 P.O. Box 398 Alpine

Elsie Hoffman, Associate Before You Sell or Buy See McKie

## BROWN REALTY CO., Realtors

2297 HIGHWAY 80 ALPINE, CALIF. 92001

Member of the El Cajon Valley Board of Multiple Listing Service

P.O. Box 317, Alpine, Cal. 92001 OFFICE PHONE RES. PHONE

445-2631

445-3035



# Your Complete Fashion Specialty Shops

\* Famous Brands

Evelyn

\* Extended Credit

\* Credit

\* Extended Credit

\* Credit

El Cajon-Lemon Grove-National City-Pacific Beach-College Grove Center

# DOUBLE TALK

By Cecile & Celeste Irvine

Wednesday night we got a call from Mrs. Fordney saying to come up to her new house with a camera. She said two mountain lion cubs were curled up in the bathroom of their new home and if we wanted a picture to come quick. Bert Fuller went up first and put the flashlight through the window, saw them and then got out of the way. By the time we could get ready they had left. The 6-weeks old cubs were raised in Arizona and belonged to someone in

### ALPINE REXALL PHARMACY

445-2488

2109 Hwy 80

Alpine

# Ed Wagner

Independent Distributor

#### CARNATION

DAIRY PRODUCTS

234-2281

Licensed - Insured - Commercial

Residential - Insulation

#### LEE KOECHIG ROOFING CO

479-3851

LAKE MORENO 478-3851

6010 San Miguel Road

Bonita,

Alpine. Before they reached their destination, the truck they were in overturned and they escaped in the Willows area. Their tracks this week indicate they are still in Alpine but searchers have failed to recapture them. They are tame and not dangerous but the owners would like to have them back alive. They are too young to be on their own and we hope, for their sake, they are captured before they get into real trouble.

Friday night we celebrated Cyntnia's 18th birthday by going to Carlton Oaks Country Club for dinner. We had a wonderful time and the dance band let us sing a number. We were really thrilled to get that privilege!

Maxine Kinikin left Sunday for Julian to work for the Peace Corps camp. She will be there for two months and if she likes it, will be transferred

to other camps in the area.

April Mansfield spent nearly a week in Valley Hospital undergoing tests and getting a check-up. She came home Sunday and was glad to be released without anything serious being the matter. She has had trouble with her lungs ever since the car accident she had with the other Alpine kids in February but is ok now.

Fidel Hyde is going to school full time now although his hand still has a huge bandage on it. His two remaining fingers are still stiff and he thinks he will just have to use his left hand from now on. It is too bad because he is such a good artist and has real talent.

Mrs. Carl Rose called last week to say she had not found her little parakeet that had gotten out, but some friends gave her another, so she isn't

feeling blue any more.

#### THANKS FOLKS!

Dear Mr. Irvine: Enclosed is check for renewal of Alpine Sun and payment for two ads. Best wishes to all.

-Donna and John Gault.

#### DR. FRANK J. BORNOWSKI D.C.

GENERAL PRACTICE

SUNDAYS AND HOLIDAYS BY APPOINTMENT

Closed Wednesday

445-2169

THANKS ALL AROUND Here is Doug Fordyce and his wife with the shiny carving set for his barbecues. presented by the Harbison Canyon Fire Dept. last week in appreciation of his doing the barbecue. They sent a message to the Canyon boys: "Mr. and

Mrs. Doug Fordyce want to thank the HC Fire Dept. for the lovely gift of the meat, saw and knife given

in appreciation for their help at the Bar-B-Q last August at Old Ironsides Park in the Canyon".

Doug has lived here 16 years, is noted for his generosity in helping this way on civic affairs. He is an old employee of the County Road Dept.

VAN DEERLIN PICNIC IN DESCANSO

Over 4000 invitations were mailed to county Democrats for a huge campaign kickoff picnic at Sherilton Valley Ranch, Boulder Creek Road from 11 to 7 Sunday, to open Congressman Lionel Van Deerlin's campaign for reelection in the 37th District.

R.A. Tuthill, chairman, says there will be all sorts of fun, swimming, riding, hiking and entertainment by show folks. Tab is \$2, children free with parents, for the barbecue dinner along with western band music.

Successful Man: One who makes more money than his wife can spend.
Successful Woman: One who can find such a man.



# Evelyn's BEAUTY SHOP

PERMANENTS FROM 6.50 UP

Closed Tuesday 2030 Crest Dr.

444-4294 Suncrest

# Alpine CONVALESCENT Center

STATE LICENSED

Conscientious Service Balanced Meals Congenial Atmosphere

REASONABLE RATES
DEPENDING ON CARE REQUIRED

445-2644 or 445-2645

2120 Hwy 80 P.O. Box 397

# Farmers Insurance Group Arlie D. Nunley,

149 N. Magnolia, El Cajon

442-9484

1981 Arnold Way



HEALTH CENTER STORY FROM 1

Presently details are too sketchy to relate, but it has the semblance of a solid plan.

It is known that the name of the place, when it is purchased and developed, will be the Desert Arthritis

# Keeter's PLUMBING & HEATING REPAIRS

448-4535

2353 Hwy 80

Alpine

### HAYSEED FIRESIDE CENTER 444-3129

600 Broadway El

El Cajon, Calif.

FREE STANDING FIREPLACES

CUSTOM-MADE SCREENS

GRATES - BAR-B-Q's

EVERYTHING FOR YOUR HOME Installation Service

Alpine's attractive new beauty shop is manned by two expert operators, Lori Cates and LaVonne Leuken, both of SD. See story, page 15.

and Rehabilitation Center. Several Alpiners were interviewed, and properties inspected, but none wishes at this time to committ himself.

With the splendid new Alpine Convalescent Center, owned and operated by Woodie and Patricia Mitchell, which is filled to its 99-bed capacity, steadily becoming widely known, it looks like the area is beginning to cash in on the fine climate. This property is owned by Capitol Services, Inc., of which Dr. John Robuck and Christopher Sickles are the heads. The Mitchells have it on a long-term lease. Capitol also owns Dinosaur Park, which one day soon will see a large development.

FITZ & ALICE'S

#### ALPINE CAFE

(Temporary Hours) 6 to 8 Daily, Sunday to 5 pm.

SPECIAL --

FISH FRIES EVERY FRIDAY

2225 Hwy 80 445-9584

PAUL & NORINE WELL RECEIVED

Paul Helger, owner of the attractive new beauty shop in the recently completed Lacko Building, 2152 Hwy 80, is delighted with the reception their place has received since it opened.

"The business is steadily increasing and we have met many wonderful people" he says, "and we have visitors from all over the back country. We like Alpine fine and believe it has a great future".

In the photo are his two attractive operators, experts in all phases of beauty culture and hair styling; standing, Lori Cates, and LaVonne Lueken, both of SD.

MUSIC TEACHER MOVES

Mrs. Irma Lahr, teacher of popular piano, organ and voice is welcoming all friends and students to enjoy an 8 weeks popular course from her new location, Wheel Bar Ranch Studio, 1501 Alpine Terrace Road.

Mrs. Lahr has had professional experience on TV and radio in Imperial

Valley and Yuma.

Mrs. Virgil Ring, Tavern Road, who broke her wrist 7 months ago, reports that although her hand is still a little stiff, she can use it and is doing all of her own cooking and housework. She had to have surgery to repair the break and the healing has been slow.

Mr. and Mrs. Maurice Frey wrote from Oregon City where they are visiting their son Ralph, his wife and two children, that they would be home in November.

A Wolf: A man who takes out a sweater girl and tries to pull the wool over her eyes.

George Lengbridge
FOR TV SERVICE
Black & White or Color
445-3885

ALPINERS IN SD BAND REVIEW

Several local students attending El Capitan will be in the Autumn Band Review in SD, which is selecting the band from the area to be in the Rose Parade on New Years Day. Every kid in Alpine hopes the El Cap wins!

## **ALPINE REALTY**

Company

### LISTINGS WANTED

Homes - Ranches - Land 2175 Arnold Way 445-3310

## Glenview Feed Co.

HAY - FEED - VACCINES

Poultry Equipment
Delivery in Alpine Thursdays

443-1310

13283 Hwy 80 At Los Coches

# Mary Carter Paints 2 FOR 1 LOW PRICE

HOURS 8:30 - 6. FRI 9 TO 9
UN FINISHED FURNITURE
And Finishing Materials
444-2316

240 W Main St.

El Cajon

### De ANGELIS

ITALIAN RESTAURANT AND COCKTAIL LOUNGE

Featuring Authentic
Italian Specialties

STEAKS & SEA FOODS 5 pm 10 pm Cocktails 5 pm - 12 pm

Closed Tuesday, Air Conditioned (Formerly Lariat)

12861 Old Hwy 80, EC 447-0842

HOBBY SHOW DUE

The annual Senior Citizens Hobby and craft show will be in the Conference Building, Balboa Park, Saturday and Sunday, Oct. 15 and 16 from 1 to 5.

Erna Earl, member of Lively Oaksis in charge of Alpine's booth in the art section, will display handiwork from this club.

Mrs. Allie Vigneautl, also a member of this group, is in charge of the Doll Club section, will have six tables of interesting dolls on display.

The public is invited, admission is free and refreshments will be available at the snack bar.

RUSHING LAND CASE TO COURT

Monday quite a few Alpiners will journey to SD Superior Court to hear the freeway condemnation case on the Fred Rushing land development, represented by Attorney Roger Sullivan, of LA.

SCHOOL ENROLLMENT NOW 585

Supt. Paul Clay reports that student total now stands at 585, up 25 since it opened, but holding about the same as last year.

Youthful Figure: What you get when you ask a woman her age.

| DATE OF FRING                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | 1). TITLE OF PUBLICATION                                                                                                                                    | United States Code)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                                                                                                              | aster.                 |
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#### Open GOP Headquarters

Republicans have opened a snappy office in the Landt Bldg., 2353 Hwy 80 and are already handing out literature, banners, stickers and the usual run of campaign material so loyal Republicans can boost their slate of candidates for the Nov. 8 raceday.

The headquarters was fixed up by Mrs. Bertha Landt, in photo at right, and Mrs. Bonnie Clerk, aided by Larry Wilcox and John Hume. Other GOP boosters will man the office till election day.

Masonic families of the Acacia Club will enjoy their potluck and Halloween party tonight at 6:30 in Fuller Hall.

#### Alpine Trailer CampeRancho Resort

ALL YEAR RESORT FACILITIES FOR TRAILER, CAMPER, TENT PICNICS, DAY, WEEK OR MONTH POOL, PATIO, BAR, MUSIC, GAMES, DANCING, HIKE, CYCLE, AND HORSE TRAILS,

CLUB, COMPANY & PRIVATE PICNICS 445-3162 463-2028 Alpine needs a family tearoom.

#### WANTED

CUSTOMERS
NO EXPERIENCE NECESSARY
JUST A DIRTY CAR
MAIN STREET CAR WASH

(Across from Food Basket)
WAX - STEAM CLEANING - POLISH
John Schafer 444-1641

At signal light - 1st & Main

# El Cajon Awning & Mfg. Co.

Alpine Representative, Lee Widmer, 445-4171

AWNINGS - CABANAS - SCREENED ENCLOSURES

Mobile Homes • Patigs • Residences

COME IN AND SEE OUR SHOW ROOM DISPLAY

845 El Cajon Boulevard, El Cajon, Calif. Tel. 442-3301

Frank Camardo, owner of the Last Chance Inn, went into EC Valley Hospital Monday for a check-up. He had major surgery some time ago, expects to be home again in a few days. In the meantime Dave Carver is running the place.

Advertise in the Alpine Sun.

LEGAL NOTICE

No. 41256

CERTIFICATE FOR TRANSACTING BUSINESS UNDER A FICTITIOUS NAME

It is hereby certified that the undersigned are transacting business in Alpine, County of San Diego, State of California, under a fictitious name, or a designation not showing the name (s) of the person (s) interested therein, towit:

Alpine Cafe 9995 Hwv 80 WITNESS our hands this 16th day of Sept.

1. Ervin Fitzgerald 2060 Noble St. Lemon Grove, Calif.

2. Jessie Fitzgerald 2060 Noble St. Lemon Grove, Calif.

STATE OF CALIFORNIA COUNTY OF SAN DIEGO ss

On this 16th day of Sept. 1966, before me Wm. G. Brown a Notary Public for said County and State, duly commissioned and sworn, personally appeared Ervin Fitzgerald and Jessie Fitzgerald known to me to be the persons whose names are subscribed to the within instrument, and acknowledged to me that they executed the same. IN WITNESS WHEREOF, I have hereunto set my hand and affixed my official seal the day and year in this certificate first above written. Wm. G. Brown, Notary Public in and for said County and State. Alpine Sun, Sept. 23, 30, Oct. 7, 14.

MASSAGE AND ITS BENEFITS By Frances McTaggart

Cont. from last issue:

Our lungs, bronchial tubes, trachea, mouth, nose and air passages comprise the respiratory system which is tremendously helped by increased circulation. Better breathing is one of the essentials to better health.

We all know how important the digestive system is to comfortable living. In our massage therapy, we pay special attention to the stomach, small intestines and colon and try to promote and help the peristaltic or contracting action thereby aiding elimination.

There have been times when this question has been asked. Which is more beneficial - exercise or massage? Exercise is energy used at the expense of the exercisor, Massage is energy in the form of motion received and depends on sources outside of the individual to whom it is applied, requiring no effort on the part of the recipient. If one's energy level is high - exercise is fine. If energy level is low, it indicates that massage should be had to bring vital force into the system.

The test of massage is based on the results obtained and not necessarily by the way one feels afterwards, although one can't help but feel relaxed, revived and refreshed.

MRS. DESCOTEAUX FROM HOSPITAL

At her mother, Mrs. Mary Lacko's home, is Mrs. Sandra Descoteaux, mother of 3, who was ejected from a car Sunday night 3 weeks ago, having been under treatment and examination at EC Valley Hospital ever since.

"She is physically recoverex" Mrs. Lacko says, "but due to the head injury she has amnesia, and is in a coma part of the time. All we can do is hope and pray for complete recovery", A nurse is in attendance all the time.

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1953 Plymouth Station Wagon, good cond. 5 good tires, radio and heater. Would make nice surfer wagon. be seen at Mobil Station, 445-2797.

JACK DONKEY, \$15. miscl. lumber, reasonable. 445-3759.

For Sale - Hay and Grain, Closed Sat. Mark Keeter, 8941 El Dorado Parkway Johnstown. 443-3448 (tf)

Maytag Ironer \$65. 445-4028 (10-14).

49 pieces of 9' long roofing metal. \$50. 445-2253.

#### FOR RENT

For Rent, 2 BR house, 219 El Cajon Blv. El Cajon, Cal.

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520 Acres in Alpine, 500 per acre. Write Broni, Box 1, Wixom, Mich.

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It's foolish to worry about confused, miserable teenagers. Give them a few years and they'll turn out to be normal, miserable adults.

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TWO EL CAP STUDENTS OF ALPINE WIN MERIT AWARDS

Mareen Trentl, daughter of Mr. and Mrs. Mario F. Trentl, and Wm. A. Arnett, son of Mr. and Mrs. Wm. V. Arnett, have been named by Principal Russell H. Savage of El Capitan H. S., for outstanding merit awards.

The letter of commendation to Miss Trentl, a senior, was for high performance on the 1966 Merit Scholarship Qualifying Test. She is among 38,000 in the US who scored in the upper 2% of those who will graduate in 1967.

Young Arnett, another senior, has been named a Semifinalist in the 1966-67 Merit Scholarship Competition, being among the highest-scoring students in the state on the test. Over 14,000 were appointed across the US



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